



PennState

Penn State Treasure

Your Guide to Multicultural Resources at Penn State

This publication was produced as a student-led effort.



PennState



Dr. Eric J. Barron
President
The Pennsylvania State University

Welcome to Penn State!

By joining our university, you are now a part of an institution that is known nationally and internationally for excellence in teaching, research and service. I hope that you feel like you are joining an extended family – one that places a high value on community, respect, integrity and responsibility, as well as excellence and discovery. At the center of these is mutual respect for one another.

Our diversity as a University community is a key strength. It is at the core of what makes Penn State great. We are here to learn from and about one another; our diversity is critical to the education of our students, broadening their exposure to people from very different perspectives, economic and racial backgrounds, and international viewpoints. Indeed, it is our obligation as a great university to build bridges of understanding and to help the world to recognize and celebrate the intrinsic value of every person.

I urge you to fully engage in the Penn State community and to take advantage of the many opportunities you'll find here.

Thank you for being a part of Penn State!



PennState

Educational Equity



Dr. Marcus A. Whitehurst
Vice Provost for Educational Equity

In today's competitive society, it is crucial to establish networks and make positive connections. Those who take full advantage of available opportunities and resources will better equip themselves to be successful. As a student, you have numerous opportunities to make connections that can help you distinguish yourself from the rest. During your time at Penn State, I encourage you to attend the informational sessions offered and to visit the various offices that can assist you in making decisions regarding your academic success and career opportunities. Information on some of these resources is included in this edition of the *Penn State Treasure*.

Welcome to Penn State!

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Greetings,

I'm glad you found the *Penn State Treasure*. During my freshman year, I had a hard time getting involved, getting additional help with my school work, and not knowing the other helpful resources on campus. The reason I, along with my team, created this publication is because I wanted first-year students of color to be aware of the some of the best resources available to students. I also wanted to help you with your transition so that you are aware of these resources early in your Penn State careers.

Brian A. Davis, Senior Editor - *Penn State Treasure*
Junior, Majors: African American Studies, Criminology, and Sociology
briandavis@psu.edu



Cameron Spiller
Editor - *Penn State Treasure*
Senior, Economics
cspiller@psu.edu

Zahare Khayat
Editor - *Penn State Treasure*
Senior, Biology
zicopsu102@gmail.com

Moses K. Davis, Ph.D.
Director
Multicultural Resource Center
and Adviser to *Penn State Treasure*
mosesdavis@psu.edu

Penn State Contributors to the *Penn State Treasure* include:

Mary Anne Knapp, Counseling and Psychological Services
Sonya Wilmoth, LGTBQA Student Resource Center
Robert Smith, Pasquerilla Spiritual Center
Carlos Wiley and Elisa Jones, Paul Robeson Cultural Center
Erin Farley, Center for Women Students

Dawn Lavera, Africana Research Center
Kelly Mroz and Sarah Stoltz, Student Legal Services
Brian Brubaker and Karyn Comeau, Global Programs
Jeff Watts, University Fellowships Office

Graphic Design Support, Printer Coordination, and Editorial Assistance Provided by:

Mike Brahosky, Multimedia Specialist, Office of the Vice Provost for Educational Equity
Eileen Williams, Marketing Communicators Representative, Office of the Vice Provost for Educational Equity

College Multicultural Leadership



Dr. Patreese Ingram

Assistant Dean of
Multicultural Affairs
College of Agricultural Sciences
230 Agricultural Administration
Building
pdi1@psu.edu
814-863-7439



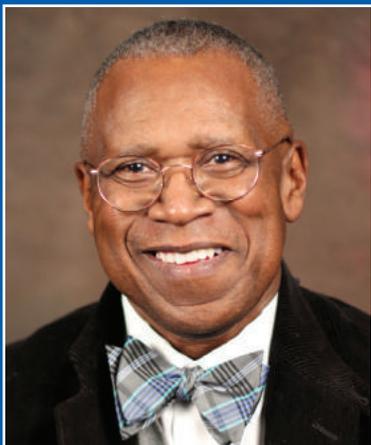
Derek James

Coordinator of Multicultural
Programs
College of Agricultural Sciences
191 Agricultural Administration Building
dsj17@psu.edu
814-865-3215



Curt Marshall

Coordinator of Multicultural
Programs
College of Arts and Architecture
104 Borland Building
cem2@psu.edu
814-865-9523



Joseph Selden

Assistant Dean of
Multicultural Affairs
College of Communications
206 Carnegie Building
jqs1@psu.edu
814-863-6081



Dr. Victoria Sanchez

Associate Dean for Educational Equity
College of Earth and Mineral Sciences
204 Deike Building
vxs20@psu.edu
814-867-2455



Jamie Campbell

Assistant Dean for Diversity
Enhancement Programs
Smeal College of Business
203U Business Building
juc27@psu.edu
814-863-1947

College Multicultural Leadership



Gary Abdullah
Multicultural Coordinator
Office of Multicultural Programs
College of Education
123 Chambers Building
gaa120@psu.edu
814-865-1505



Maria Schmidt
Assistant Dean for
Multicultural Programs
College of Education
123 Chambers Building
mjs125@psu.edu
814-865-0904



Dr. Amy Freeman
Assistant Dean
College of Engineering
208 Hammond Building
afreeman@enr.psu.edu
814-865-7138



Dr. Wayne Gersie
Director of Multicultural
Engineering Programs
College of Engineering
208 Hammond Building
wmg109@psu.edu
814-863-1080



Joyce Hopson-King
Director of Diversity Enhancement
Programs
College of Health and Human
Development
5 Henderson Building
juh4@psu.edu
814-863-1291



Olivia Lewis
Coordinator of Multicultural
Affairs
College of Information Sciences
and Technology
102M IST Building
ok11@psu.edu
814-865-0077

College Multicultural Leadership



Earl Merritt
Director
Office of Diversity and Inclusion
College of the Liberal Arts
122 Sparks Building
efm1@psu.edu
814-863-2510



Terrance Hudson
Undergraduate Studies Adviser
Division of Undergraduate Studies
108 Grange Building
tlh360@psu.edu
814-865-7576



Keisha Johnson
Assistant Director
Office of Science Diversity Initiatives
428 Thomas Building
knj107@psu.edu
814-863-0285



Henry McCoullum
Assistant Dean
Office of Science Diversity Initiatives
425 Thomas Building
hwm1@psu.edu
814-863-0285



Dr. Stephanie Preston
Senior Director
Office of Graduate Educational
Equity Programs
111 Kern Building
sdp163@psu.edu
814-863-1663



Melissa Doberstein
Coordinator of Diversity
Schreyer Honors College
1 Leadership Academy
mif3@psu.edu
814-863-4589



AFRICANA RESEARCH CENTER

The mission of the ARC is to encourage and support research and scholarship on Africa and its Diaspora that will (a) enhance the lives of persons of African descent in the United States and throughout the Diaspora, and (b) serve as a catalyst for promoting an enabling environment where cultural production and discourse on diversity can be nurtured to advance the research, teaching, and outreach missions of Penn State.

WHAT WE DO

- * AWARD RESEARCH GRANTS for students up to \$1,500
- * PROVIDE CO-SPONSORSHIP FOR CULTURAL OR SCHOLARLY PROGRAMMING to official student organizations up to \$500
- * FUND DISSERTATION FELLOWSHIPS up to \$1,000
- * HOST UNDERGRADUATE RESEARCH EXHIBITION with prizes, including up to \$1,000 in funding
- * SPONSOR THE BARBARA JORDAN and NELSON MANDELA LECTURES
- * SUPPORT COLLEGE OF THE LIBERAL ARTS POSTDOCTORAL FELLOWS

FOR MORE INFORMATION, PLEASE VISIT WWW.ARC.LA.PSU.EDU



PennState
Undergraduate Education

University Fellowships Office

What we do:

We support students who apply for competitive national and international fellowships.

We are committed to advising students throughout the application process to maximize their ability to compete.

Where to start:

1. Explore our website to identify fellowship opportunities that are a good fit for your educational and career goals.
2. Call or email to schedule a meeting.
3. Fill out the intake form found on our homepage.
4. Come to your meeting ready to discuss your goals.



Keep an eye out for special week long events devoted to research and educational opportunities!

Global Languages Week
September 6-9

Science, Technology, Engineering & Math
October 24-28

International Education
November 14-18

International Relations and Public Policy
December 5-9



212 Boucke Bldg. - univfellowships@psu.edu - 814-863-8199

GLOBAL PennState

*Engage Everywhere.
Engage through over 250 different study
abroad programs. Engage the world on
six continents.*



Education Abroad at Penn State opens the world to all who seek it.

If you're not sure where to start, check out Global Programs at global.psu.edu. We have Study Abroad 101 information sessions, walk-in appointments with Peer Advisers, and Education Abroad Advisers who are eager to meet with students and assist in the program and scholarship application process. Our offices are located on the 4th floor of Boucke Building, right across from the HUB.

Want to engage our global community on campus? Consider joining Global Engagement & Leadership Experience (GELE): a group of students that converse about cultural perceptions, the impact of global leadership and the global climate at Penn State.

Save the Date: Our Annual
Education Abroad Fair
is October 12th, 2016



"I am a firm believer that life is not meant to be lived in one place, and that traveling is a way to fully live and experience life."

Study Abroad Spotlight: Shana-Kay in the Dominican Republic

I think I would tell other students to study abroad because it is simply a life-changing experience. You are presented with an opportunity to experience a country in a way that many people can only dream about doing. You meet people who will impact you forever. You learn about your respective country and learn a different perspective of the people of that country. Studying abroad is something that changes your life because it changes your world-view and how you view yourself. I can guarantee you that once you study abroad you will come back to your home country with a new perspective and appreciation for life itself.

I try to market my study abroad experience as much as possible; the fact that I lived in a different country for four months, spoke a different language and learned how to interact with new people, had to learn how to establish rapport quickly and learn how to adjust to a new environment are skills I believe I've attained and are valuable to any and all activities in my life, especially job searching.

Peer Advisers 426A Boucke
11am - 4pm
Walk-in Advising

COUNSELING AND PSYCHOLOGICAL SERVICES



In order to help you succeed and thrive at Penn State, CAPS provides confidential group and individual counseling, crisis intervention, and psychological and psychiatric evaluations for undergraduate and graduate students, as well as prevention and consultation for the University community. You can learn more about our services at <http://studentaffairs.psu.edu/counseling/>.

CAPS is located on the fifth floor of the Student Health Center. Our professional staff includes psychologists, psychiatric providers, social workers, counselors and graduate trainees who specialize in college student mental health.

Office hours are Mon-Fri from 8 am to 5 pm.

Call 814-863-0395 to schedule an initial phone appointment.

Evening crisis services available from CAN HELP at 1-800-643-5432.

There is no charge for Basic CAPS services if you are a full time registered student (12 credits or more for undergraduates, 6 credits or more for graduates) for the semester in which you are interested in seeking services.



Confidential Counseling
& Advocacy

Information &
Referrals

Center for Women Students

All Students
Welcome!

Programs & Peer
Education Groups

Programming Topics:

- Sexual Violence
- Relationship Violence
- Stalking
- Sexual Harassment
- Gender Stereotypes
- Supporting Survivors
- Body Image
- *and more!*

Contact Us:

240 Boucke Building

(814) 863-2027

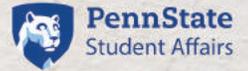
pennstatecws@psu.edu

studentaffairs.psu.edu/womenscenter/

LGBTQA STUDENT RESOURCE CENTER



Providing a safer space for our LGBTQA
students and their allies!



Offering many events, programs, and support services, including:

DISCUSSION GROUPS

MENTORSHIP PROGRAM

SCHOLARSHIPS

FACULTY/STAFF SAFE ZONE TRAININGS

STUDENT PEER ALLY TRAININGS

LOUNGE SPACE

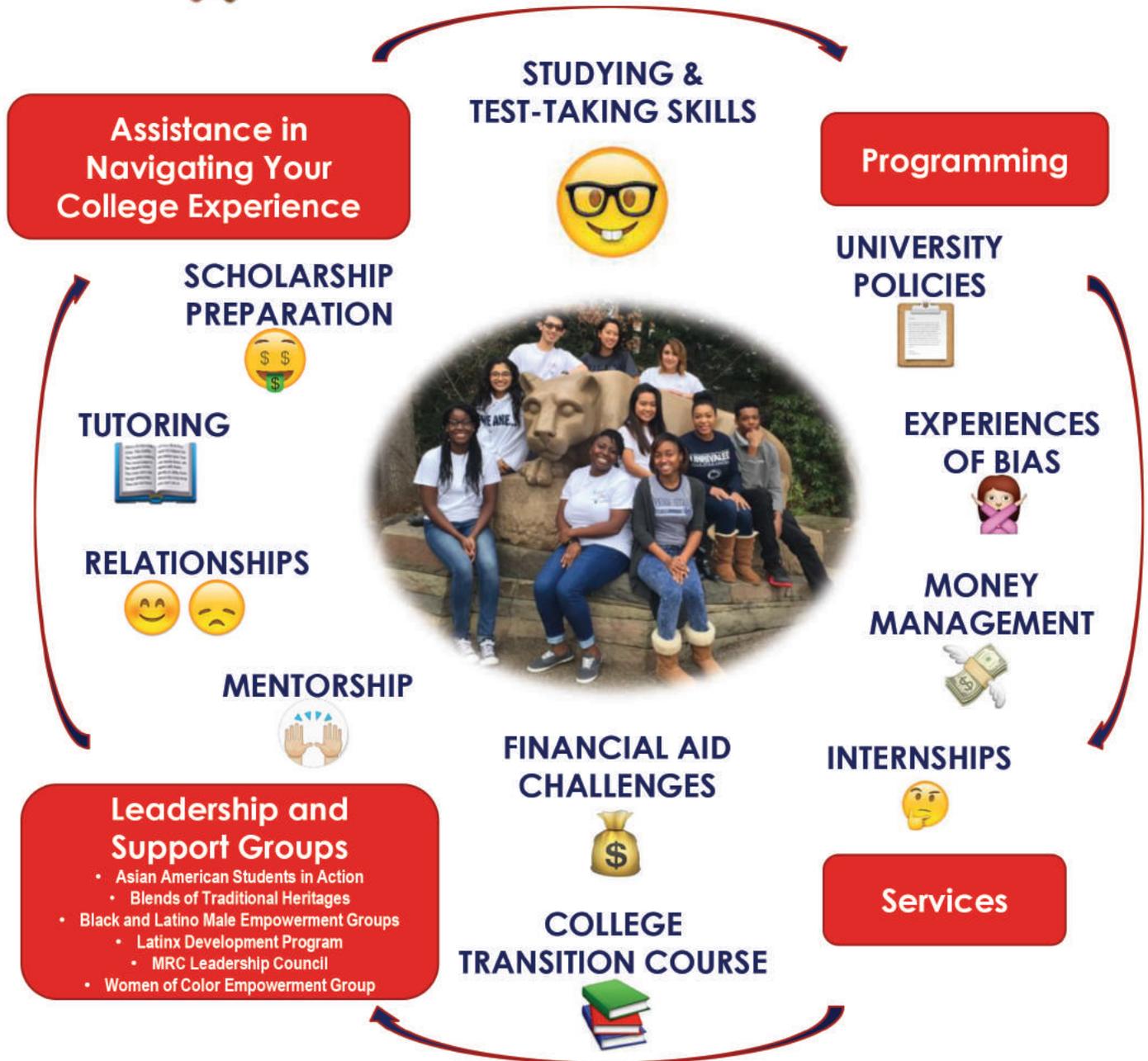
Confidential email
lgbtqa@psu.edu

Website
studentaffairs.psu.edu/lgbtqa

Phone
(814) 863-1248

MRC

MULTICULTURAL RESOURCE CENTER
Serving undergraduate multicultural students



Unlocking Your Potential

220 Grange Bldg. * 814-865-1773 * <http://equity.psu.edu/mrc>

Pasquerilla Spiritual Center



Penn State recognizes that the well-being of its students, faculty, and staff - and their ability to lead healthy, fulfilling lives - is a product of their intellectual, cultural, moral and spiritual development.

The largest multi-faith center of its kind in the country, The Pasquerilla Spiritual Center is home to the Center for Spiritual and Ethical Development (CSED) at Penn State. CSED offers a welcoming, safe, inclusive environment for the Penn State community to explore a multitude of faith traditions in a compassionate, open-minded setting. CSED aims to promote an environment that stretches beyond tolerance to a genuine appreciation of and respect for religious and spiritual diversity.



Pasquerilla Spiritual Center - Eisenhower Chapel

814.865.6548 | Contact The Center for Spiritual and Ethical Development



THE PAUL ROBESON CULTURAL CENTER

PROVIDING PROGRAMS AND SERVICES THAT ENCOURAGE DIVERSE PERSPECTIVES, EXPERIENCES, AND CULTURES OF MANY UNDER-REPRESENTED COMMUNITIES THAT COMPRISE THE STUDENT, FACULTY, STAFF, AND COMMUNITY POPULATION OF UNIVERSITY PARK AND STATE COLLEGE.

PROGRAMS INCLUDE:

CULTURAL ENRICHMENT

SOCIAL JUSTICE

IDENTITY DEVELOPMENT

CULTURAL EDUCATION

**LOCATED ON HUB
GROUND FLOOR
NEAR STARBUCKS**



Follow Us!

FACEBOOK.COM/PSU.PRCC

@PSUPRCC





Licensed attorneys provide free and confidential legal services on a wide range of legal issues such as summary criminal citations, traffic citations, expungements, landlord/tenant matters, uncontested divorces, name changes, consumer issues, wills and powers of attorney.

Currently enrolled students at University Park campus are eligible for referral, consultation or representation services.

Student Legal Services
248 East Calder Way, Suite 303
(814) 867-4388
studentaffairs.psu.edu/legalservices

BE THE DIFFERENCE!

TAKE A STAND FOR A POSITIVE CAMPUS CLIMATE

HELP STOP:



REPORT A BIAS INCIDENT

Penn State is a community of mutual respect and acceptance.

equity.psu.edu/reportbias



1-800-560-1637
(24-HOUR HOTLINE)

Office of the Vice Provost for Educational Equity | 314 Old Main, University Park, PA 16802

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Tips For Success

1. Studying in high school is not the same as studying in college, you should be studying on average 20 hours per week.
2. Building a relationship with your professors is very important. Do your best to go to office hours for a 1-on-1 conversation with your professors.
3. Read your syllabus as soon as you receive it and mark down all due dates and test dates on your calendar.
4. In Google type in your phone company provider followed by student discount to receive a discount on your phone bill.
5. Get Involved! Take advantage of your time here at Penn State and get involved with different clubs and organizations.
6. Visit your counselor in the Multicultural Resource Center. The counselors in the MRC are there to provide individual counseling and educational services for you.
7. Visit the multicultural leader, director, or dean in your college. These offices can also provide support for students of color and staff within their respective college.
8. Pursue your passion. College is a very big investment; you need to make sure that you love your chosen field of study.
9. Be mindful of where you spend your meal points. The HUB **does not** give you a 65 percent discount on food, and will deplete your meal points. Go to the Commons for the discount.
10. Check your email every day and consider learning email etiquette.
11. If you are struggling with any subject, the Penn State Learning Center is located at 220 Boucke Building to provide assistance.
12. You will not pass if you do not attend class.

Treasure Checklist

You can win a free Visa gift card by participating in the selfie challenge below!



- (1) I visited the multicultural leader in my academic college.
- (2) I attended the Student Involvement Fair on Monday, August 22, from 11:00 a.m. to 4:00 p.m. on the HUB lawn.
- (3) I took a selfie with my MRC counselor.
- (4) I took a picture at every office highlighted in the *Penn State Treasure*.
- (5) I took a picture on the Lion Shrine with a copy of the *Penn State Treasure*.

The first five students with all selfies will receive a \$15.00 Visa gift card, courtesy of the Multicultural Resource Center.

This publication is available in alternative media on request.

The University is committed to equal access to programs, facilities, admission, and employment for all persons. It is the policy of the University to maintain an environment free of harassment and free of discrimination against any person because of age, race, color, ancestry, national origin, religion, creed, service in the uniformed services (as defined in state and federal law), veteran status, sex, sexual orientation, marital or family status, pregnancy, pregnancy-related conditions, physical or mental disability, gender, perceived gender, gender identity, genetic information, or political ideas. Discriminatory conduct and harassment, as well as sexual misconduct and relationship violence, violates the dignity of individuals, impedes the realization of the University's educational mission, and will not be tolerated. Direct all inquiries regarding the nondiscrimination policy to Dr. Kenneth Lehrman III, Vice Provost for Affirmative Action, Affirmative Action Office, The Pennsylvania State University, 328 Boucke Building, University Park, PA 16802-5901; Email: kfl2@psu.edu; Tel 814-863-0471. U.Ed. OVP 17-3

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PennState
Educational Equity

MRC

MULTICULTURAL RESOURCE CENTER

UPAC

Your Student Activity Fees

