

THE PENNSYLVANIA WOMEN'S AGRICULTURAL NETWORK

PRESENTS

THE WHOLE DIET CSA

YEEHAW FARM

51 ROHRER DRIVE, DUNCANNON, PA 17020
(PERRY COUNTY)

NOVEMBER 8, 2012

10:00 A.M. —3:45 P.M.



Join PA-WAGN for an entertaining view into a vibrant and creative farm and farm family! Judi Radel and her family operate a diversified 160 acre farm in Duncannon, PA (YeeHaw Farm) with a real zeal for farming. They milk dairy cows from which they make their own butter. They have dairy and meat goats, dairy and meat sheep, broiler chickens, laying hens, hogs, Hereford beef cattle, geese, turkeys, miniature donkeys, farm cats, 3 large farm dogs and a little Boston Terrier.

Nestled at the foot of the Appalachian Mountains, the farm surrounds a beautiful 3 acre pond. The Radel Family have created their summer quarters next to the pond with a cottage on stilts, a home-made house boat and an outdoor kitchen and living room. It is a beautiful place to relax after a busy day on the farm. And busy they are!

The Radel Family grow wheat that they grind into flour. From the flour they make bread and whole wheat soft pretzels. They have a portable saw mill that they use to harvest the woodlot and build new structures as needed. Judi will guide us on a tour of their farm and describe their marketing methods. She will explain the Whole Diet CSA (Community Supported Agriculture Program). We will discuss the challenges and benefits to this style of CSA marketing and how to identify and reach potential customers.

AGENDA

- 10:00 a.m. **Welcome & Introductions**
- 10:15 a.m. ***Yeehaw Farm History & Wagon Tour of the Farm*—Judi Radel**
- Noon **Networking Lunch**
- 1:00 p.m. ***Field to Loaf: Baking Artisanal Breads for the CSA*—Judi Radel**
- 2:30 p.m. ***The Whole Diet CSA: Everything from Meat & Vegetables to Dairy, Grains, and Value-Added Products*—Judi Radel**
- 3:30 p.m. **Evaluation**
- 3:45 p.m. **Adjourn**

REGISTRATION

Registration Fee: \$15
(includes lunch & materials)

Online Registration:
<http://bit.ly/Nov8Reg>

For additional details contact:
Patty Neiner at
prn103@psu.edu or 814-865-7031

All are welcome to participate in events
sponsored by PA-WAGN.

DIRECTIONS

<http://bit.ly/Nov8Directions>



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Pennsylvania Women's Agricultural Network is a partnership of Penn State Cooperative Extension & Outreach, Penn State College of Agricultural Sciences, PA Association for Sustainable Agriculture, PA Certified Organic, PA Department of Agriculture, PA Department of Environmental Protection, Natural Resources Conservation Service, and The Rodale Institute.

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