

The Pennsylvania Women's Agricultural Network
presents
WESTERN REGION ONE-DAY NETWORKING SYMPOSIUM
LIVING THE GOOD LIFE:
LAUGH OFTEN, DREAM BIG, REACH FOR THE STARS

February 26, 2011

9:30 a.m.—4:15 p.m.

EDEN HALL CAMPUS, CHATHAM UNIVERSITY
6035 RIDGE ROAD, RICHLAND TOWNSHIP, PA 15044 (ALLEGHENY COUNTY)

AGENDA

- 9:30 a.m. Registration & refreshments**
- 9:50 a.m. Welcome**
PA-WAgN Western Region Representatives Billie Bookamer, Lynne Gelston, Barb Kline, Jennifer Montgomery, Maggie Robertson
- 10:00 a.m. How to Sing in the Rain with a Frog in Your Throat**
Presented by Maureen Murray
Maureen Murray is a national speaker, trainer and coach working with people to create meaning and perspective in their lives. She enlightens and educates audiences with presentations about stress management, conflict resolution, listening skills and humor in the workplace. Learn more at <http://www.maureenmurrayassociates.com/>
- 10:50 a.m. Break**
- 11:00 a.m. Farm Interns: On Weeding, Mentoring, & Learning**
Presented by Alice Julier
Alice is the Program Director & Associate Professor Chatham University's Graduate Program in Food Studies
- 11:50 a.m. Networking Lunch - Bring a dish to share!**
Let's be green! - Please bring your own non-disposable place setting, mug, utensils
- 1:20 p.m. Food for Thought**
Presented by LaVerne Baker Hotep
LaVerne is Director of Community Arts and Education, Center for Victims of Violence and Crime; founder of the EVE Project: Enlightened Voices for the Environment; President & CEO of WellWoman Media, and producer & host of "WellWoman Radio Retreat." She will share her insights about the Project and the transformation she sees possible through a deeper understanding of food as nourishment for our body, mind and soul.
- 2:10 p.m. Break**
- 2:20 p.m. Funniest Farm Stories—PA-WAgN members**
- 3:50 p.m. Awards—Prize awards for the best stories**
Panel includes Barry Breene, East End Food Coop; Nancy Hanst, Table Magazine; Doug Oster, Post-Gazette; and representative from Whole Foods Market
- 4:00 p.m. Evaluation**
- 4:15 p.m. Adjourn**

REGISTRATION

FREE! please bring a lunch item to share
Online Registration: <http://svy.mk/Feb26Reg>
For additional details contact:
Ann Stone at ams39@psu.edu or 814.863.4489
All are welcome to participate in events sponsored by PA-WAgN.

DIRECTIONS

Directions to Eden Hall Campus:
<http://bit.ly/Feb26Directions>

SPONSORED BY:



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Pennsylvania Women's Agricultural Network is a partnership of Penn State Cooperative Extension & Outreach, Penn State College of Agricultural Sciences, PA Association for Sustainable Agriculture, PA Certified Organic, PA Department of Agriculture, PA Department of Environmental Protection, Natural Resources Conservation Service, and The Rodale Institute

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