Youth as Researchers Workbook
(1) Deciding on a Research Topic

Instructions:

Fill out the bubbles by answering the questions that are asked in the manual. The first step is brainstorming different ideas with your group. Once you have worked through the steps and looked at the examples your group should have come up with a ‘big idea’ for your research.

Step 1: Choose an idea

Brainstorming Ideas

1. ...
2. ...
3. ...
4. ...
Step 2: **Narrow the topic by asking questions**

What's our ‘Big Idea’
(2) Finding Out About the Topic

<table>
<thead>
<tr>
<th>Instructions:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cut out these index cards and use them to keep track of all your research sources.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Type of Source:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Author's Name:</td>
<td></td>
</tr>
<tr>
<td>Year of Publication:</td>
<td></td>
</tr>
<tr>
<td>Title:</td>
<td></td>
</tr>
<tr>
<td>Brief Summary:</td>
<td></td>
</tr>
<tr>
<td>Key Pages:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Type of Source:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Author's Name:</td>
<td></td>
</tr>
<tr>
<td>Year of Publication:</td>
<td></td>
</tr>
<tr>
<td>Title:</td>
<td></td>
</tr>
<tr>
<td>Brief Summary:</td>
<td></td>
</tr>
<tr>
<td>Key Pages:</td>
<td></td>
</tr>
</tbody>
</table>
(3) Plan for Change

Instructions:
Answer the three questions about your topic to consider how your project could influence policy and practice. Then think of different ways that your research project could be developed into an action project.

1. What do you want to change and why?

______________________________________________________________________________
______________________________________________________________________________

2. Do you want to influence change in policy, practice or both?

______________________________________________________________________________
______________________________________________________________________________

______________________________________________________________________________
How could your research project develop into an action project to influence *Policy*?

How could your research project develop into an action project to influence *Practice*?
(4) Writing a Research Question

Instructions:
Fill out the diagram using the example in the manual. This will help you to narrow the focus of your project and come up with a research question.

Big idea

Ask questions to focus your big idea

Smaller idea

Research question
After reading our research project, the reader should know:

______________________________

______________________________

______________________________
(5) Research Design

<table>
<thead>
<tr>
<th>Primary</th>
<th>Secondary</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Instructions:**

Fill out each table by providing examples of your research methods that fall within these categories.

<table>
<thead>
<tr>
<th>Quantitative</th>
<th>Qualitative</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Our research will involve:

1) ______________________________________

2) ______________________________________

3) ______________________________________

4) ______________________________________

5) ______________________________________
The ethical considerations for our project are:

1) ____________________________________________

2) ____________________________________________

3) ____________________________________________

4) ____________________________________________

5) ____________________________________________
(7) Report your Research Findings:

Instructions

Write up your research findings. Make sure to include the following:

- Aim / Research question
- Introduction
- Methods
- Results/Findings
- Conclusions
- Recommendations
(8) Dissemination

Instructions

Answer the questions below and use this as a basis for drawing up a ‘dissemination plan’.

What is the main message of my research?

Who will I ‘target’ with my research?

How will I get my message out there?