NOVEMBER NEWSLETTER

## APVMA NEVSLETTER

#### TABLE OF CONTENT

Page 1: Updates from the

Board

Page 2: Letter From Our

President

Page 3: Symposium

Jpdates

Page 4: APVMA

Membership and Election

process

Page 5: Scholarship

Information

Page 6: Becoming a

liasion

Page 7: Interested in

becoming a APVMA

executive board?

Page 8: Fun Fact of the

Month and Upcoming

**Events** 

Page 9: Thank You to

Our Sponsors

#### **UPDATES FROM THE BOARD**

Hello APVMA members! The month of October has been a productive month for the Executive Board and Advisory Board of Trustees. In early October, the eboard and ABoT met up in Atlanta, Georgia, in order to discuss many things including a 5-year plan for the organization. The president discussed creating SOP's for each national position, establishing better strategies for communication, and details in regards to regional and national symposia. The vice president discussed gathering a committee in order to aid in contacting potential sponsors. The treasurer reported updates about our bank accounts. APVMA members, and the status of our APVMA graduation cords. The vice president and treasurer also discussed the scholarships which will be available to our APVMA members and awarded at the national symposium. The secretary discussed details about the monthly newsletter. Lastly, the webmaster will be making updates to our website and social media accounts. Furthermore, the executive board and advisory board of trustees have been working diligently on our responsibilities as a whole.

Click here to become a club

memeber

Click here to become an individual member

Click here to added to our email list

#### A Letter From Our President

Hey everyone,

I know all of you are as excited for the APVMA National Symposium at Penn State as we are! It is getting close as registration is opening up in a few weeks and travel plans are starting to be made. We are thrilled to share this experience with all of you!

As the semester comes to a close, I urge you all to not lose hope. It is normally around this time in the semester when I look at a calendar and my stomach drops as I come to the realization that there are only a few weeks left to pull that grade up or finish that project. However, it is also around this time in the semester where I start to plan my activities for spring. One of the new and exciting things that the National APVMA Executive Board has been working on are informational documents outlining the responsibilities of the positions that each of us hold. We hope that these documents help ease your mind a little about the expectations of your National Officers. With that being said, we hope that you will consider running for a position at the Symposium in March. It is truly an incredible experience and so rewarding.

I went back and forth for a year on whether or not I was going to run for APVMA President. I actually decided the night before elections that I was going to bite the bullet and do it — I knew that if I didn't give it a shot that I would regret it forever and would constantly have that "what if" in the back of my mind. To back-track a little bit, I had transferred to Auburn University upon changing my major to Pre-Vet and jumped into Auburn's PVMA chapter. I ran for Vice President 3 months after transferring and never thought I would be elected. I decided the next year to run for President and never considered the opportunities that would come along with it. After serving as President for almost a year, the National Symposium at Auburn was about to be upon us and this year of battling with myself about running for APVMA President was almost upon me. This struggle came with its separate challenges including the question of if I would have enough time because I knew I wanted to devote my whole being to this organization.

We all are busy college students trying to balance our academic careers along with our social life and extracurricular activities. I'm here to tell you that if you are considering an officer position, even at your local chapter, to go for it. It can never be a bad idea to shoot for something seemingly bigger than yourself because nothing is too big for you to handle.

Loyally, Mary Ann McDougal



#### Hello APVMA Members!

We are excited to inform you about the upcoming labs and lectures that we will be offering at the 2019 Penn State Symposium! Our goal for this symposium is to offer a wide variety of topics to show the scope of veterinary medicine and careers involving animals to emphasize just how many opportunities there are in the field!

Our lectures for this symposium range from specialties (such as Oncology, Pathology and Veterinary Acupuncture, Laboratory Animal Medicine) and One Health to the research and business side of veterinary medicine. The speakers come from a wide range of places, including Penn State, private practice, the University of Pennsylvania Veterinary School, and the government sector, just to name a few. Our speakers represent the many different aspects of the veterinary medical field. We will also be offering lectures on the admissions process, and other beneficial topics for the pre-veterinary student! Make sure to check out our website, as we will continuously update it as we continue to add new lectures.

Our labs for this symposium will offer many different opportunities and cover all different topics within the field while allowing you all to gain some hands-on experience. We aimed to make sure they are engaging and unique, and we are glad to announce that we are offering more lab options than at previous symposiums! Some of the topics offered on our schedule are Equine Vitals, Reptile Handling, Veterinary Forensic Pathology, Pet CPR and First Aid, and Hoof Trimming. As a reminder, you will be choosing the lab you will be attending when you register in November. Make sure you check out the Facebook and Instagram pages for more updates on the lab and lecture schedule so you can have an idea of which wet lab you would like to register for.

Additionally, we are happy to announce we will be introducing tracking this year. Tracking will allow students to choose a specific track they are most interested in and will give them a guaranteed entry into lectures and a lab specific to the discipline they choose! Some of the options we will be offering will be large animal, small animal, private practice clinic, and research. These tracking options will last for half a day, so you will still have the option to attend lectures of different topics during the other half.

We are excited to have you all!

Courtney Westover and Cara McNamara

### **APVMA Membership**

Please keep the following in mind:

In order to attend the national symposium at Penn State, you or your club MUST be a member of APVMA. If you are not a member and wish to be, please go to the following link:

https://www.apvma.org/join-the-apvma.html

Furthermore, this year, we started using a new program for clubs and individuals to pay for dues which automatically sends a unique code that is required for registration to attend the National Symposium. This information will be emailed to you from "JotForm" almost immediately after you pay dues. It will be sent to the email that you listed for the "Primary Contact Email" on the application. This unique ID is required to register for the national symposium, therefore, please make sure you save this ID! If you do not see the email, make sure to check your spam folder!

#### **Executive Board Election Process**

- In order to run you MUST be at the president's meeting
- Another member of the APVMA must nominate you during the President's meeting
- After being nominated, you must accept your nomination if you choose.
- In order to be considered you must have an advisor present to approve your running, or have a letter from your advisor approving your running (if they cannot be present). This can be a Pre-Vet, Pre-Health, or any academic advisor.
- You will include a brief statement (must be NO MORE than 200 words) about yourself and a photo. This information will be available to all general members during elections.
- Elections will take place Saturday evening. Each candidate will get 1.5 minutes, and NO MORE to speak before the vote occurs.
- If elected, you will attend a mandatory meeting following the dinner and elections to meet with the past executive board, receive your officer manuals, and meet the new board/ABoT.
- We are currently working on a new electronic voting process rather than the past paper voting process. We are very excited to implement this during this year's symposium.

## Scholarships! Scholarships!

The time has come! APVMA scholarship applications are available to members, and we hope that your're applying!

3 AVMA Scholarships

**Up to 4**APVMA
Scholarship



AAVMC Research Scholarship

AAVMC
One-Health
Scholarship

The deadline to apply for all scholarships is January 25th, 2019!!

Click here to visit our website for additional information

# Be The APVMA Liaison for your Pre-Vet Club

We are interested in building a stronger relationship with the pre-veterinary community. We want to incorporate a liaison program where a member of the club at each university will be the point of contact and communication between APVMA E-Board members/Board of Trustees and their clubs. The liaison will be the informant to their club about new updates, events, information about the upcoming symposium, and answer any questions or inquiries that members will have about APVMA. There will be more information in the near future!

Interested in being a member of the Executive Board?

Please visit our website and read each position's SOP under "Executive Board Roles and Election Info!"

Click here to visit the APVMA website

#### Fun Fact of the Month





#### Sloth and Manatee Vertebral Evolution

It is a rule that all mammals have the same number of vertebrae in their necks, regardless of the size of the animal or its neck. However, both the sloths and manatees are exceptions to this rule, having abnormal numbers of cervical vertebrae. The two-toed sloths and manatees have 5-7 vertebrae, while three-toed sloths have 8 or 9.

## **Upcoming Events**

- October 31st, 2018
   Last day to place orders for APVMA graduation cords for winter term
- November 9th, 2018
   Cornell University Admission Presentation & Tours
- January 25th, 2019
   Scholarship submissions are due by 11:59pm
- March 8th March 9th 2019
   2019 National APVMA Symposium at Penn State University

## Thank You To Our Sponsors











