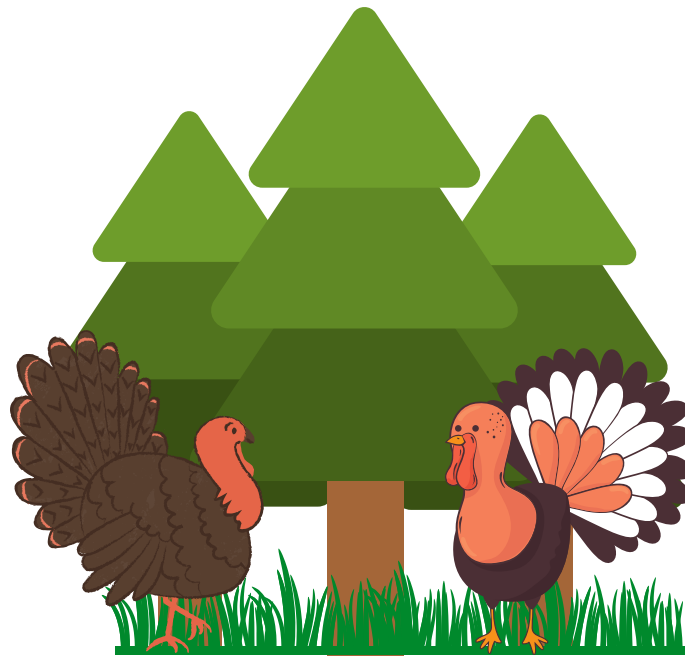


APVMA NOVEMBER NEWSLETTER



UPDATES FROM THE EXECUTIVE BOARD

Through the month of October and November, the Executive Board has been hard at work. We have been continuing preparations for the Symposium and were able to meet with pre-veterinary students from Kansas State University. We've been figuring out financial aspects of APVMA to ease the transition of future e-boards. Through this, we have learned that APVMA is **no longer considered a non-profit organization**. Please refer to page 9 for more information including a Google Form to let us know your thoughts on our financial changes.

WHAT'S INSIDE:

A Letter from the President - 2

Veterinary Blog Highlight- 3

Club of the Month - 5

Up-to-Date Symposium

Information - 7

Symposium Sponsorship

Information - 8

Interested in Becoming the 2023

APVMA Symposium Host? - 8

Looking for New APVMA Advisor -

8

Executive Board Updates - 9

Opportunities - 10

APVMA Registration - 12

Stay Connected - 12

Thank You to Our Sponsors! - 13

A LETTER FROM THE PRESIDENT

Hello Everyone!

I hope you all had a safe and spooky October. It was an awesome time to take a breather by going to or watching football games, doing pumpkin carving/decorating, visiting pumpkin patches or apple orchards, going to haunted houses or just watching a scary movie! Make sure you are always rewarding yourself with little fun things. You have come a long way and have a lot to show for it but it is okay to take breaks every once in a while.

By now, we are all halfway through the semester so I wanted to give you all some encouragement. You are doing well and you are enough. Keep pushing yourself towards your goals even when you incur challenges. This past month the board and I have continued to push for our yearly goals while working on various projects.

We are on track to starting our delegate program and I am super excited to be working with you all. If you haven't already and you're interested in holding a national title, please consider reaching out to myself or Vice President, Georgia Daniel, for making sure your organization is represented. For those that are in the program, we hope that it will be a rewarding and great leadership experience.

If you have not had a chance to go check out the website, please do so. You can learn more about the board or opportunities we have for you. You can even represent APVMA by ordering graduation cords to wear when you walk across the stage.

Dr. Callie Rost and her team at Kansas State University are making progress towards Symposium 2021 by solidifying labs, speakers, and symposium sponsors. Her team is doing an incredible job and we cannot wait to see the end result. The symposium 2021 website is now live and the link can be found on our website under the symposium tab. We are still looking for a host for next year's symposium. If you have any ideas or want your school to host please let us know by emailing: americanpvmapresident@gmail.com. If your school has any interest in hosting a future symposium, just let me know because we would be honored to work with your program!

The board and I are excited to continue our work and are looking forward to what the rest of our term has in store for us. As always if you have any concerns, need someone to talk to, please feel free to reach out to me or any of the officers via email.

Sincerely,
Sydney Paris
APVMA President

VETERINARY BLOG HIGHLIGHT: PATHOLOGY AND PONIES

Website: <https://pathologyandponies.ca/>

Instagram: [@pathologyandponies](https://www.instagram.com/pathologyandponies)

Facebook: [@pathologyandponies](https://www.facebook.com/pathologyandponies)

Pathology and Ponies is a blog written by former veterinary student Dr. Madison Ricard. The blog provides information on interesting diseases and is intended for everyone, including those not in the medical field, as the blogs are written in plain language. The blog was started in January 2020 and posts are made three times a week. Common information learned in posts include what the disease is, who gets it, the cause, why it is a problem, how it is diagnosed, and how it is treated/prevented. Photos are provided as well. On the website you can find a suggestion box to request specific diseases and you can purchase pre-made flashcard decks for a small price. If you wish to look up a disease based on certain credentials, you can do so based on disease processes, organ systems, special topics, and species.



Dr. Madison Ricard graduated from the University of Calgary Faculty of Veterinary Medicine in 2020. She is currently in her second year of an anatomic pathology residency at Western College of Veterinary Medicine. Specifically, Dr. Ricard is looking at tissue biopsies and doing necropsies on deceased animals to find out why they died. Her biggest passion is teaching, so when her residency is complete, Dr. Ricard is hoping to get a teaching position at a veterinary school. Her advice for pre-veterinary students is to make sure you have a life outside of your studies. When it comes time to interview for veterinary school, being able to talk about extracurricular activities that aren't related to your studies will make you a more interesting candidate and it will help your mental health as well. Work hard, but take the time to relax and enjoy the ride!

VETERINARY BLOG HIGHLIGHT: VETERINARY RADIOLOGY MIRC

Website: <https://veterinaryradiologymirc.squarespace.com/?p>

Facebook: [@VeterinaryRadiologyMirc](#)

Veterinary Radiology MIRC is a weekly blog post of radiographs of interesting cases across species and systems. The posts are made by Dr. Adrien-Maxence Hespel who is a current faculty member at the University of Tennessee as a veterinary radiologist. Dr. Hespel would like to provide colleagues, technicians, students and anyone interested an insight into the radiology world. Each post provides a history of the case (including the animal and why they were brought in), radiology images, the findings based off of the images, the diagnosis, and a discussion which goes over the action taken. You can look into the cases based on animal type (including small, large, exotic) and by the system affected. Anyone interested can join the blog for free at the website link posted. The form for subscribing automatically is at the very bottom of the page.



Veterinary Radiology MIRC
Case of the week



Dr. Adrien-Maxence Hespel began veterinary school in 2003 at the University of Liège Faculty of Veterinary Medicine where his primary focus of study was radiology. He started the blog in 2013/2014 when he was a radiology resident at Auburn University. Dr. Hespel decided to begin the blog in order to increase exposure to veterinary professionals and vet students to good quality radiographs and diagnosis to help improve interpretation skills. His advice for pre-veterinary students is to only become a vet if it's your passion and you cannot picture yourself doing anything else. It is not a decision which is sound from a financial standpoint, and you must expect to work long hours and sacrifice a lot of your personal life.

CLUB OF THE MONTH: DELAWARE VALLEY UNIVERSITY PRE-VET CLUB

School: Delaware Valley University

Instagram: [@delvalprevet](https://www.instagram.com/delvalprevet)

PRESIDENT



Hello! My name is Sophia Shannon and I am a Pre-Professional Animal Science major at Delaware Valley University. As well as Pre-Vet Club, I am the Off-Campus Coordinator for the Animal Lifeline Club and a member of Alpha Lambda Delta National Honors Society and Delta Tau Alpha National Agriculture Honors Society, and a student employee at the Anatomy and Physiology Laboratory. In my free time, I enjoy volunteering, shopping, watching Netflix, hanging out with friends, and cuddling with my cat Ellie. I just applied to veterinary school this past cycle and intend to become a veterinarian in either public practice or with mixed animals.

VICE PRESIDENT

Hello, my name is Becca Snyder I am a current junior studying Pre-Professional Animal Science at Delaware Valley University. On campus, I work on the Roth Farm Center for Sustainable Agriculture with dairy steers, goats, and chickens. As well as Pre-Vet Club, I enjoy hanging out with my friends and family, playing with my cat, and hiking. My career goals include attending veterinary school and becoming a large animal veterinarian.



CLUB OF THE MONTH: DELAWARE VALLEY UNIVERSITY PRE-VET CLUB

Some of the opportunities that the Delaware Valley University Pre-Veterinary Club has to offer their members include:

1. Veterinary schools speaking weekly
2. Hands on clinical skills nights (ex: 10/13 meeting was at the DVU Dairy Science Center)
3. Group trips (ex: Goat Yoga, Six Flags Wild Animal Safari where a DelVal Alumni works)
4. Volunteer Opportunities (ex: Forgotten Cats Inc. under a veterinarian, Boo at the Zoo, The Farmette Donkey Rescue, Orphan Animals Large and Domestic Animal Rescue)
5. Custom Scrub Fundraiser
6. Mental Health Nights (occasionally includes therapy dogs)
7. High School Symposium in the Bucks County Area
8. Attend the APVMA National Symposium Yearly

Notable features of the club:

- One of the largest clubs on campus
- Engaged with the community
- Supportive and active advisors
- Highly involved on campus



UP-TO-DATE SYMPOSIUM

INFORMATION



Location: Kansas State University

Date: March 11-12, 2022



- The symposium website is up and running!: <https://www.apvmasymposium2022.com/>
- Kansas State University has reserved all hotel rooms/spaces for members' arrival. All hotels provide complimentary breakfast.
- All events will be on campus
- **Presentation Topics:**
 - Application Tips, Behavior, Animal Welfare, Surviving Vet School From a Graduate's Perspective, Equine Respiratory Diseases, Wildlife Medicine, Opportunities in Exotic Animal Medicine, Infectious Diseases, International Opportunities in Veterinary Medicine, Bovine Obstetrics, Research and Dual Degree Opportunities, Small Animal Internal Medicine, GI, Urinary Procedures, Small Animal Dentistry, Toxicology, KSU CVM One Year Master's in Biomedical Sciences, Equine Medicine, Leadership Styles, Veterinary Emergencies, Non-Traditional Veterinary Paths
- **Labs scheduled:**
 - Behavior Assessment, Exotics, Anatomy and Comparative Anatomy, Small Animal Physical Exam and Neurological Exam, Equine, Exotics Husbandry and Handling, Introduction to Suturing and Surgical Skills, Gowning and Gloving, Parasitology, Radiology, Ticks and Fleas
- Virtual options will be offered for all lectures, including the President's Meeting, for a lower registration fee
 - If you need to switch from in person to virtual symposium, costs will be refunded from in person to virtual registration cost
- The most up-to-date COVID-19 information for the state of Kansas followed by KSU: <https://www.coronavirus.kdheks.gov/>
- Friday evening sponsored by Ross University School of Veterinary Medicine
- Saturday evening Cuddles with Canines and Kittens at the CVM: \$1 gets you ice cream and playing with puppies and kittens
- Keynote Speakers: Dr. Temple Grandin and Dr. David R. Franz
- Basic Symposium Schedule:
 - Friday, March 11th: 3pm Registration opens; Events 4pm - 9pm
 - Saturday, March 12th: Events 7am - 10pm (begins with President's Meeting and ends with dance)
- Exhibitors sessions: Friday from 4pm – 9 pm and Saturday from 8am – 5pm
- Registration information on website in mid-December
 - Register by January 31 to be guaranteed a t-shirt and swag bag
- Logo decision coming soon!

SYMPOSIUM SPONSORSHIP INFORMATION

Please refer to [this document](#) for sponsorship information.
Please use the symposium website included in the document and on
the previous page to register as a sponsor for the APVMA 2022
Symposium.

INTERESTED IN BECOMING THE 2023 APVMA SYMPOSIUM HOST?

We are currently looking for a host for the 2023 APVMA Symposium! For more
information about how to host an APVMA Symposium, please visit:
<https://www.apvma.org/how-to-host-an-apvma-symposium.html>

The benefits of being a host school and pre-vet club include:

- Showcase your veterinary school or university
- Great leadership opportunity within the APVMA
- Network with other veterinary schools and industry representatives, as well as faculty and clinicians from your host school
- Recruitment opportunity for the College of Veterinary Medicine
- Generate revenue for your club

Please email the APVMA President (americanpvmapresident@gmail.com) if you
have any questions or interest in becoming the 2023 Symposium host!

LOOKING FOR NEW APVMA ADVISOR

One of APVMA's own, Dr. Robert Van Saun, will be completing his time with
APVMA by the end of the 2022 Symposium. For more information in
becoming an APVMA advisor, please visit: <https://www.apvma.org/advisor-roles.html>

If you are interested in the position or have questions, please email the APVMA
President (americanpvmapresident@gmail.com) and any questions can be
answered by a current advisor.

EXECUTIVE BOARD UPDATES

Over the past few months, the executive board has been working to improve the financial handlings of APVMA. A recurring issue that new executive boards encounter every year is the transfer of the bank account from one treasurer to the next. This is a strenuous process that can take months which is inefficient considering that the scholarship winners expect their prize soon after Symposium. To make this process easier for future executive boards, we have been speaking with the American Association of Veterinary Medical Colleges (AAVMC). AAVMC would manage the financial handlings of APVMA, making the transfer of APVMA finances to new executive boards more simple. Here are some aspects to consider:

1. APVMA will still have full access to our finances and will remain financially independent from AAVMC as AAVMC will not have a say in the financial decisions of APVMA.
2. APVMA will remain an independent organization from AAVMC.
3. Due to the misalignment of AAVMC's financial year and APVMA's e-board term, the current e-board will need to plan and submit a budget to AAVMC for the next year's e-board. In other words, e-boards will need to follow the budget put in place by past e-boards. When planning a budget for future e-boards, budgets can be made with large, general categories, making it so that e-boards will have freedom when making financial decisions within a certain category.

In working with AAVMC on our financial handlings, we have learned that APVMA is **no longer considered a non-profit organization**. With this status no longer obtained, APVMA would become a program under AAVMC tax-wise. This means when AAVMC files their 990 forms, APVMA would be included in this.

We are interested to know what your thoughts are on everything mentioned above. Please let us know your thoughts, both good and bad, through the Google Form:

https://docs.google.com/forms/d/e/1FAIpQLScNHnuXajjSvKV6E8YTg07wT4EcgEviLxg6OOwgZ1JCMdb48g/viewform?usp=sf_link

OPPORTUNITIES

Pre-Vet Club Mental Wellness Talks

My name is Ariana Rahman (arahman2@vt.edu) and I'm a 3rd year vet student at the Virginia-Maryland College of Veterinary Medicine. Since 2018, I've been helping guide pre-vet students on their journey to mental health proficiency. Most of us are aware that veterinary students and veterinarians endure a great deal of burnout and mental health strain. The goal of my presentations and talks is to help give students an idea of how to recognize these signs in themselves and their friends, and what to do about it. I truly believe that we can make waves of improvement in veterinary medicine if pre-vet students get a chance to enter this field with these techniques in their back pocket.

My presentations are usually 30-45 minutes long (I can shorten and lengthen the time as needed) and include these topics:

- My own mental health journey and why I'm passionate about advocacy
- How mental health difficulties can affect us in veterinary medicine and why having these tools is so important
- The ways we pretend we're okay when we're not
- Perfectionism
- Taking care of yourself
- Recognizing signs of mental health distress in yourself and others
- Signs someone you know might be struggling with suicidal ideation
- How to help a friend
- Empathy vs. sympathy
- Mental health resources
- How to use these tools moving forward in your career

I've been lucky enough to speak with members of the VMCVM VetTRAC program, multiple pre-vet clubs, and at the 2020 APVMA National Symposium. If you would like to have me speak to your club in person or on zoom, please reach out to me and let me know!

American Association of Fish Veterinarians (AAFV) BIPOC Diversity Panel

While the veterinary profession as a whole lacks diversity within the community, it is often particularly noticeable in the field of aquatic veterinary medicine. This lack of diversity makes it potentially daunting and intimidating for BIPOC students to engage in this area of veterinary medicine due to the lack of BIPOC role models and overall representation. The American Association of Fish Veterinarians (AAFV) recognizes the need to promote initiatives related to diversity, equity, and inclusion in order to help students and veterinarians overcome barriers and foster interest in fish medicine and aquatic veterinary medicine broadly. To raise awareness in the field, AAFV has organized and invites you to participate in **"Being BIPOC in Aquatic Veterinary Medicine: A Panel Discussion" on December 3rd from 1:30-2:30pm CST on Zoom** featuring BIPOC aquatic veterinarians who will tell their stories, experiences, and challenges they've faced on their journey and discuss how to find belongingness in this field. These veterinarians have an amalgam of experiences in various sectors of the field ranging from aquarium medicine, fish pathology/diagnostics, research, and pet fish medicine. The event is free and open to non-members. **All pre-veterinary and veterinary students are welcome to join this safe space and participate in this engaging discussion, and to register please go to bit.ly/AAFVbipoc or scan the QR code in [this flyer](#).**

OPPORTUNITIES

Vet Up! at Purdue College of Veterinary Medicine

The Vet Up! programs at Purdue College of Veterinary Medicine (PVM) provide opportunities & support for underrepresented & underserved students interested in veterinary medicine: racial & ethnic minorities, low-income, first-generation college, and rural students. Vet Up! Champions is a career exploration program for underclassmen & adult learners. Vet Up! College is a 6-week residential program at PVM for rising undergrad juniors & seniors in summer 2022 with a preview of vet school, experiences & support, a 2-week local clinical placement, and access to an early admission program. Cost-free and most, if not all, program expenses are offset with stipends. Visit purduevetup.org for more info!

Global Vet Experience

The South Africa and Costa Rica programs have been running well through 2021 and the applications to all locations for 2022 have been opened as most countries are accepting US citizens again. For more information, please visit the website: globalvetexperience.com

VAW Global Health Alliances

The global health and development organization called VAW Global Health Alliances (VAW Global) is looking to bring a **Veterinary Outreach Chapter** to your university and need Team Leaders to do so!

The VAW Global Team Leader would be in charge of recruiting students (interns) and preparing them for their medical internship in one of our global sites: Peru or Vietnam.

While in-country, VAW Global - Veterinary Interns work closely with local healthcare professionals and partners to implement veterinary clinics across low- and middle-income countries (LMICs). Through the Veterinary Outreach Internship program, interns learn about veterinary care in a global context and assist with veterinary procedures, treatment courses, and clinic operations through shadowing, measuring vital signs, giving vaccines and deworming animals -- all under the direct supervision of experienced local veterinarians and staff.

This Team Leader position is a paid fellowship.

If you and/or any of your classmates are interested you can find more information here: <https://www.vawglobal.org/get-involved/start-a-chapter/team-leader-fellowship/>. If you decide to apply, please use the code #leadership.

Do not hesitate to contact Chelsea Johnson (chelsea.johnson@vawglobal.org) if you have any questions.

APVMA REGISTRATION

Eligibility

- Any accredited institution in the United States with students pursuing pre-veterinary medical course work
- Any institution outside of the United States with students pursuing pre-veterinary medical course work from that institution
- Any individual students who do not have an affiliated pre-veterinary club at his/her institution

Benefits of Membership

- Members have access and possible features on the monthly newsletters.
- Networking with pre-veterinary students from across the nation.
- Meeting with representatives from veterinary schools from across the nation in one location.
- Access to national symposiums held annually at different colleges across the country
- Sharing of ideas between members and member clubs.
- The opportunity to run for and potentially hold a position on a national executive board.

Membership dues are used for

- Supporting students with scholarships, travel awards and attendance for the APVMA National Symposium.

You must be a member of the APVMA to attend the APVMA National Symposium!

**For more information on APVMA Membership and Dues, please visit our website.
The deadline to register your club or yourself with APVMA is December 31st, 2021.**

STAY CONNECTED

Have ideas on how APVMA can increase member involvement? Please let us know through our Google Form

Website: www.apvma.org

Email Listserv: [Click Here to be Added!](#)



[@apvmaprevets](#)



[@apvma_prevets](#)

APVMA Executive Board

President- Sydney Paris, americanpvmapresident@gmail.com

Vice President- Georgia Daniel, apvmavicepresident@gmail.com

Secretary- Ashley Kropf, apvmasecretary@gmail.com

Treasurer- Sarah Hofmann, treasurerapvma@gmail.com

Webmaster- Samantha Anderson, americanpvmawebmaster@gmail.com

THANK YOU TO OUR SPONSORS!



CLICK ON A SPONSOR'S LOGO TO VISIT THEIR WEBSITE

We are currently working to renew previous sponsors. We look forward to working with them in the upcoming year and appreciate their continued support.