Pennsylvania Women’s Agricultural Network presents

Western Region One-Day Networking Symposium

Living the Good Life:
Laugh Often, Dream Big, Reach for the Stars

February 26, 2011  9:30 a.m.—4:15 p.m.

Eden Hall Campus, Chatham University
6035 Ridge Road, Richland Township, PA 15044 (Allegheny County)

AGENDA

9:30 a.m.  Registration & refreshments
9:50 a.m.  Welcome
   PA-WAgN Western Region Representatives Billie Bookamer, Lynne Gelston, Barb Kline, Jennifer Montgomery, Maggie Robertson

10:00 a.m.  How to Sing in the Rain with a Frog in Your Throat
   Presented by Maureen Murray
   Maureen Murray is a national speaker, trainer and coach working with people to create meaning and perspective in their lives. She enlightens and educates audiences with presentations about stress management, conflict resolution, listening skills and humor in the workplace. Learn more at http://www.maureenmurrayassociates.com/

10:50 a.m.  Break

11:00 a.m.  Farm Interns: On Weeding, Mentoring, & Learning
   Presented by Alice Julier
   Alice is the Program Director & Associate Professor Chatham University’s Graduate Program in Food Studies

11:50 a.m.  Networking Lunch — Bring a dish to share!
   Let’s be green! - Please bring your own non-disposable place setting, mug, utensils

1:20 p.m.  Food for Thought
   Presented by LaVerne Baker Hotep
   LaVerne is Director of Community Arts and Education, Center for Victims of Violence and Crime; founder of the EVE Project: Enlightened Voices for the Environment; President & CEO of WellWoman Media, and producer & host of “WellWoman Radio Retreat.” She will share her insights about the Project and the transformation she sees possible through a deeper understanding of food as nourishment for our body, mind and soul.

2:10 p.m.  Break

2:20 p.m.  Funniest Farm Stories—PA-WAgN members

3:50 p.m.  Awards—Prize awards for the best stories
   Panel includes Barry Breene, East End Food Coop; Nancy Hanst, Table Magazine; Doug Oster, Post-Gazette; and representative from Whole Foods Market

4:00 p.m.  Evaluation
4:15 p.m.  Adjourn

REGISTRATION

FREE! please bring a lunch item to share

Online Registration: http://svy.mk/Feb26Reg

For additional details contact:
Ann Stone at ams39@psu.edu or 814.863.4489

All are welcome to participate in events sponsored by PA-WAgN.

EDEN HALL CAMPUS, CHATHAM UNIVERSITY
6035 RIDGE ROAD, RICHLAND TOWNSHIP, PA 15044 (ALLEGHENY COUNTY)

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Pennsylvania Women’s Agricultural Network is a partnership of Penn State Cooperative Extension & Outreach, Penn State College of Agricultural Sciences, PA Association for Sustainable Agriculture, PA Certified Organic, PA Department of Agriculture, PA Department of Environmental Protection, Natural Resources Conservation Service, and The Rodale Institute

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